

Nyah Two Bays/Swan Hill Swimming Club



2019/20

**MEMBERSHIP
HANDBOOK**

WITH THANKS TO OUR SPONSORS

GOLD

Whitfield Excavations

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Belgravia Leisure

Ridgee Digital

Ross Andrews Builders

Swan Hill Windscreens

SILVER

Priceline Pharmacy

Niko Niko

Mallee Milk

Murray Downs Golf & Country Club

Caltex Fuel

Bakers Delight

Swan Hill Toyota

BRONZE

Clarks Gift Shop

218° Clothing

Swan Hill Chemicals

Karinie Building Supplies

Doey's Meats

Blue Sky Outdoors

G&G Lawyers

This handbook has been prepared to help all prospective club members and existing members to understand our activities and objectives. It also advises you as to how you can contribute to the success of Nyah Two Bays/Swan Hill Swimming Club. We can't cover everything, so please don't hesitate to talk to members of the Management Committee, Coaching Staff and other Club members if you have any questions. We welcome all parents to get involved to ensure successful fun events that the whole family can enjoy.

CLUB MISSION STATEMENT

The Goal of Nyah Two Bays Swimming Club is to foster and develop the sport of swimming in our community, while promoting the physical and social aspects of the sport.

The club aims to create an environment that facilitates each member to reach his/her potential in the sport, through participation and achievement at: Club, District, Regional, State and National Level. The club also aims to foster a team approach through participation in relay events and social activities which help to build friendships and camaraderie.

SAFE SPORT

The safety of children and young people in our sport is paramount. We want swimming to be fun, enjoyable and safe for all. Everyone in the swimming community have a role to play in ensuring that we keep our sport as safe and enjoyable as possible.

Swimming Australia have developed A Safe Sport Framework (SSF). This confirms the shared responsibility we all have for keeping each other safe in swimming – children and adults alike. The Safe Sport Framework replaces all previous child and member welfare policies and procedures, including the Code of Conduct.

NTBSH are in the process of implementing our Child Safety Policy which we will post to our website as soon as possible. Please find attached the Safe Sport Reporting Process.

Our NTBSH Club Child Safety Liaison Officers:

Kendal Atkinson Ph: 0429 325 161

2019-2020 CLUB COMMITTEE OF MANAGEMENT

PRESIDENT: Mel Wishart 0417 111 706 kcjoinery@bigpond.com

VICE PRESIDENT: Ken Robinson 0427 322 956 swanhillhealth@bigpond.com

Caleb Simpson 0434350978 calebgsimpson@gmail.com

SECRETARY/MEMBERSHIPS: Nicole Bail 0447 066445

secretary@twobaysswimming.org.au

TREASURER: Kelly Atkinson 0427 596237 katkinsn@bigpond.net.au

ENTRY SECRETARY: Mel Wishart

GENERAL COMMITTEE

Sarah Plant

Shirley Swan

Kerrie Rogers

Craig Muir

MERCHANDISE: Kelly Hodgson 0488170945

HEAD COACH: Renee Louw 0434270430 Bronze Accreditation

COACH'S:

Shirley Swan Silver Accreditation 0427 372 000

Scott Wishart Bronze Accreditation 0407 628 912

KEY CLUB DATES:

October 12th Saturday - Records Night and Come and Try Event

December 7th Saturday – Whitfield Open Swim Meet

*For update to date information, please visit our website at:
<http://www.twobaysswimming.org.au/> and by downloading our
Team App*

Team App Instructions



Your Team. Your App.

Install the Team App on your smartphone or tablet now. Follow these steps:

1. Download Team App from the Apple or Google Play app store.
2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "NTBSH".
4. Choose your applicable access group(s) Member
5. If you don't have a smartphone go to NTBSH.teamapp.com to sign up and view this App online.

NTBSH Membership Summary

New FULL Membership Fees for 2019-2020 Season – for Swimming Victoria Competitive Swimmers

8 & Under - \$60 NTBSH Club Fee, \$102.43 SV Fee	TOTAL \$179.67 INC. GST
9 to 15 - \$60 NTBSH Club Fee, \$113.49 SV Fee	TOTAL \$185.74 INC. GST
16 & Over - \$60 NTBSH Fee, \$99.65 SV Fee	TOTAL \$170.51 INC. GST

Reduced fees for additional children to be reimbursed to families by Club Treasurer or possibly through Swim Central System (yet to be confirmed). \$5 less for 2nd child and \$10 less for the 3rd child.

Please note that all competitive swimmers under 18 must have a Guardian (Dry Membership) with Swimming Victoria at a cost of \$10.15 inc. GST. This is completed on the swim central site.

NEW COACHING LEVY IN ADDITION TO YEARLY FEE STATED ABOVE.

ALL SWIMMERS - Block Coaching Levy payable to NTBSH Club Treasurer within first month's block. All swimmers will be sent home with an envelope for payment of fees.

Block 1 (July – Sept) – Coaching Levy	\$25 per swimmer
Block 2 (Oct – Dec) – Coaching Levy	\$55 per swimmer
Block 3 (Jan – Mar) – Coaching Levy	\$55 per swimmer
Block 4 (Apr – June) – Coaching Levy	\$25 per swimmer

RECREATIONAL Swimmers – Initial Block Levy Fee **regardless** of which term is **\$75 per swimmer** and there after the same term block levy fee as everyone else applies.

Families with more than one swimmer will be asked to pay the full coaching levy for the first child, 50% discount for the second and any subsequent children will be free

Please note:

*Belgravia Pool Squad Fee is charged by Belgravia **on top of** the above NTBSH Club Fees and Coaching Levy – (Please see Belgravia Staff to arrange your membership or squad session ticket).*

All swimmers attending NTBSH Club Squad Sessions is to be a financial member of the NTBSH Swimming club.

What are the benefits of joining our Club?

Whether you join as a recreational swimmer or a competitive swimmer you will have access to our Club Squad training sessions and all our Club functions. Your fees contribute towards our coaches' expenses, subsidising equipment costs, club functions, relay entries and administration expenses.

Those swimmers wishing to compete must be registered as members of both the Nyah Two Bays/Swan Hill Swimming Club and Swimming Victoria (SV) otherwise you will NOT be fully covered by insurance and you will NOT be able to compete at Central District competitions, Swimming Victoria competitions or Swimming Australia competitions.

POOL FEES

We encourage all our club members to become members of the Belgravia Leisure Centre. Belgravia Leisure Centre support our club by paying our coaches while on pool deck and by encouraging their learn to swim students to take up the sport of swimming. Which is what our club is all about.

The membership is more cost effective if training more than 1 session a week.

Squad Entry to Swan Hill Leisure Centre: **\$7 per swimmer per session.**

Or you have the option to join the Leisure Centre as a Member. Please arrange payment with the Leisure Centre directly.

SQUAD TRAINING

Our Squad Training is conducted either at the Swan Hill Outdoor Pool, or at the Swan Hill Leisure Centre located at 21 Pritchard St, Swan Hill. This is weather and facility access dependant.

Information regarding the location of the training sessions will be posted either via the Team App.

TRAINING DAYS AND TIMES

Training sessions differ throughout the season and will be communicated through the coaches, Team App, website and newsletters. Please make sure you are up to date with current training days and times.

Please make sure that swimmers arrive to training **on time** with their **water bottle** and training gear to avoid disruptions to training and to allow swimmers to get the full benefit of the training session.

BREAKFAST CLUB

As of the first week in December, after Friday morning training, the Club holds a Breakfast Club for the swimmers. For \$2, the members can purchase a bacon and egg sandwich, as well as juice. We invite parents to assist Kerrie Rogers by volunteering to be on the Roster.

PARENT PARTICIPATION

Nyah Two Bays/Swan Hill Swimming Club prides itself on being a friendly Club which can bring the whole family together to participate in a healthy sport through participation and inclusion.

The Club Committee Members are parents or past parents of swimmers from the club carry out the operations of the swimming club on a voluntary basis.

All parents are asked to assist, particularly at club nights and carnivals held at the Swan Hill Swimming Pool and Swan Hill Leisure Centre, to conduct the events for your children and the club.

At swim meets other than our own, parents of competitive swimmers are expected to time keep and if a qualified official may be called on to perform other duties.

Some of the positions/jobs parents might be asked to do will include:

- Timekeeper - Timing races either with our new basic stop button (Dolphin System) or stopwatch.
- Pool Preparation - Setting up the pool ready for Club Night or Nyah Two Bays/Swan Hill Swim Carnivals
- Catering - Operating/helping with the BBQ, food preparation and sales
- Marshall - Preparing and organising the children for their events.
- Starter - Starting races with the starter's gun.

It will not only be appreciated by the Club Committee, but by the children whose enthusiasm receives a tremendous boost through seeing Mum or Dad as part of the 'team' supporting them in their sport.

ENTERING A SWIM MEET

Encouragement meets are the only Swimming Carnivals that recreational swimmers can participate in. These events will have manual entry form and will be advertised via our newsletter or Team App.

Competitive Swimmers can participate in any swim meet held in Victoria which will require you to complete an Online Entry via the SV Swim Central System for the particular meet.

It is very straight forward but do not hesitate to contact any committee member for advice to guide you through it especially when entering for the first time.

Nyah Two bays/Swan Hill Swimming Club is affiliated with the Central Victoria Swimming District (District 15) and Swimming Victoria, which controls and administers the sport of swimming in Victoria. Through this association, it offers members the opportunity to compete at Regional, State and National levels. Swimming Victoria acts

in accordance with the rules and regulations of Australian Swimming Inc, which in turn functions under the International Swimming body called FINA.

For more information on District 15 see their website www.cvs.org.au.

NTBSH Events Calendar 2019/2020

DATE	EVENT	VENUE	INFO
Aug 17 th – 18 th	Country Short Course	Ballarat	Qualifying Meet
Aug 30 th – 1 st	Vic Age Short Course	MSAC	Qualifying Meet
Sept 14 th – 15 th	Vic Open Short Course	MSAC	Qualifying Meet
Sept 19 th	Thursday Night Club Time Trials	Leisure Centre	5.30pm
Oct 5 th & 6 th	Echuca / Kyabram Two Day Meet	Echuca Indoor Pool	NTBSH Team Event
Oct 12 th Sat	NTB/SH Records/Come & Try Night Round 1	Leisure Centre Indoor Pool	4pm Start Social Club Event - Pizza
Nov 3 rd Sun	Bendigo East Sprint Meet	Bendigo East Outdoor Pool	
Nov 7 th	Thursday Night Club Time Trials	Leisure Centre Or Outdoor Pool	5.30pm
Nov 9 th Sat	8 to 12s Country Jnr Dolphins	MSAC - Melbourne	Entry via Club Secretary
Nov 16 th Sat	Shepparton LC Carnivale	Shepparton Outdoor Pool	NTBSH Team Event
Nov 23 rd – 24 th	Qualifying Meet – Vic Age	MSAC	
Dec 7 th Sat	NTBSH Whitfields Twilight Open Round 2	Swan Hill Outdoor Pool	3.30pm Warm Up BBQ Dinner Xmas Party (Park)
Dec 8 th Sun	Kerang Open Meet	Kerang Outdoor Pool	10am TBC
Dec 21 st -22 nd	SV Age LC Championships	MSAC - Melbourne	Qualifying Meet
Jan 9 th	Thursday Night Club Time Trials	Leisure Centre Or Outdoor Pool	5.30pm
Jan 12 th Sun	Geelong Last Chance Meet	Geelong Outdoor Pool	NTBSH Team Event
Jan 25 th – 26 th	Country Championships	Warrnambool	Qualifying Meet
Feb 2 nd Sun	All Junior Qualifier	Maryborough	Entry via District Secretary 8 to 16 yo
Feb 7 th Fri	Club Championships Round 3	Nyah Outdoor Pool	Twilight 6pm start
Feb 9 th Sun	Proficiencies	Castlemaine	Need to Register through District Secretary well in advance
Feb 15 th to 16 th	SV Open Championships	MSAC	Qualifying Meet
Feb 21 st Fri	All Schools	Swan Hill Outdoor Pool	Twilight 5.30pm start
Feb 23 rd Sun	Central District Championships	Bendigo East Pool	

Feb 29 th Sat	SV Sprint Championships	MSAC	Qualifying Meet
Mar 5 th	Thursday Night Club Time Trials	Leisure Centre Or Outdoor Pool	5.30pm
Mar 14 th – 15 th	SV Country All Junior Semi's/Finals	MSAC	Qualifying Meet
Mar 28 th Sat	SV Country Inter-Districts	MSAC	Entry via Club Secretary

*Please note the following events are to give our Parents and Swimmers an overview and recommendation of what events our Club is focused on this coming season. Some of the events are for our senior swimmers and require qualifying times. None of the following are compulsory but we highly encourage all swimmers to attend our Club Meet on the **7th December** which will also be our Christmas Party and major fundraiser. The other major event is our Club Championships held annually at the Nyah Outdoor Pool – it's a fun but traditional night with the highlight being our Handicap Relay which is loved by all on **7th February**.*

Round 1,2 & 3 is relating to being eligible for Club Champion you gain points for attending these events as per breakdown in Information Booklet to be distributed at the end of June.

CLUB CHANT

**Two Bays, Two Bays, Here to Swim
All we want to do is Win
Here as one, we'll have some fun
Swimming at our best
We trained all year and now we're here
It's time to show the rest.**

T – T

W – W

O – O

B – B

A – A

Y – Y

S – S

GOOOOOOOO TWO BAYS!