

Shark Tales Feb / March 2008



Issue 7 / Swimming Season 2007/08

The 2007/08 swimming season is coming very close to the end, with District Championships on last Sunday 2nd March and the All Junior semi- finals and finals in Melbourne at the State Aquatic Centre on 29th and 30th March.

Seniors and juniors are competing for their schools in both Zone Swimming and Catholic All Schools.

There will be a swim meet at Bendigo Leisure Centre, hosted by Eaglehawk Swim Club, on Sunday 9th March 2008. This meet is aimed at those swimming at 'All Juniors'.

For those not attending the meet at Bendigo there will be a training session at 10am on Sunday morning 9th March due to pool closure on Monday 10th (long weekend).

Unfortunately this year we were unable to participate in the Cohuna **Bridge to Bridge**. The event clashed with the District Championships at Boort Pool 11am. It is a shame as the swimmers enjoy the challenge of open water swimming.

This will be the last newsletter of the season.

Club Award/Presentation Day!

The club hosts an annual presentation and award day. This year it will be held on Sunday 6th April at the Swan Hill Lawn Tennis Club Rooms, Yana Street.

Start time will be 11am with roast lunch and desert at a cost of \$15.00 per adult and \$10.00 per children. The club will provide drinks.

The awards and presentations will commence after lunch at 2.30pm.

Could everyone attending please give names and numbers to Kerry Gilbert by the 31st March. (List of names also on Notice Board at the Leisure Centre).

This is a family day to end our clubs 2007/08 season. Please come and enjoy a hit of tennis, a kick of soccer or a play in the play ground with the kids!!!

You never know, maybe your swimmer will take home a trophy. Trophy's are for: Club Champions in all events and age groups and also the Most Improved swimmer in all events and age groups. The club also produces an annual Magazine which will be given out at the Presentation day.

All Juniors Breakfast!

The club committee would like to invite all junior swimmers to a breakfast at "**Bushman's Café**" on **Wednesday 26th of March at 8am** following morning training!

The club will pay the cost of the breakfast which will include Pancakes, Juice, Cereal and Toast.

Please give your name to Trevor if you would like to attend:

tgwilson11@bigpond.com

Results of Victorian Sprint Championships!

Congratulations to the club members who recently represented "Two Bay's" at Vic Sprints.

11 & U Kyra Bennett: Free 55th Fly 31st
13 & U Vaughn Wilson, Free 4th, Fly 4th, Back 5th.
14 & U Tricia Sambrooks, Free 65th, Back 48th
15 & U Laura Verbeek, Free 43rd, Back 36th (PB 37.83)
16 & U Aidan, Free 27th, Fly 20th

All Juniors Qualifying Meet

Well done to all the swimmers who have qualified to swim at MSAC for the Semi Finals and finals, 29th and 30th March.

8 Years

Patrick Hession Breaststroke, Backstroke & Freestyle.

Ted Morton Freestyle.

Angus Verbeek Breaststroke, Backstroke, Freestyle.

Josh Hodgson. Backstroke, Freestyle.

Ethan Griffith, Backstroke, Freestyle.

Georgia Bibby Backstroke, Freestyle.

Megan Williamson. Backstroke, freestyle.

Niamh Kelly Backstroke, Freestyle.

9 Years.

Harry Morton, Breaststroke, Backstroke, Freestyle
Melissa Sambrooks, Butterfly, Backstroke, Breaststroke, Freestyle.
Emma Shippen, Butterfly, Backstroke, Breaststroke, Freestyle.
Sophie Hird, Butterfly, Backstroke, Breaststroke, Freestyle.
Kitty-Ann Carrig, Butterfly, Backstroke, Breaststroke.

10 years.

Bradley Williamson, Butterfly, Backstroke, Breaststroke, Freestyle.
Logan Dyer, Butterfly, Backstroke, Breaststroke, Freestyle.
Will Shippen, Backstroke, Breaststroke, freestyle.
Georgia Gleeson, Butterfly, Backstroke, Breaststroke, Freestyle
Abby Hodgson, Backstroke, Breaststroke, freestyle.
Chloe Oxley, Breaststroke, Backstroke, Freestyle.
Alice Kelly, Backstroke, Freestyle.
Jamie Pendlebury, Backstroke, Freestyle.

11 Years.

Darcy Bibby, Butterfly, Backstroke, Breaststroke, Freestyle.
Kyra Bennett, Butterfly, Backstroke, Breaststroke, Freestyle.
Chelsie Hird, Butterfly, Backstroke, Breaststroke, Freestyle.
Jessica Pay, Backstroke, Breaststroke, Freestyle.

12 Years.

Peter Hession, Butterfly, Backstroke, Breaststroke, Freestyle.
Olivia Carrigg, Butterfly, Backstroke, Breaststroke, Freestyle.
Kyle Gurnett, Butterfly, Backstroke, Breaststroke, Freestyle.
Amber Pinchen, Backstroke, Breaststroke, Freestyle.

13 Years.

Karl Wilkins, Butterfly, Backstroke, Breaststroke, Freestyle.
Joel Vallance, Backstroke, breaststroke, freestyle.
Vaughn Wilson, Breaststroke.
Kelly Pay, Butterfly, Backstroke, Breaststroke, Freestyle.

14 Years.

Tricia Sambrooks, Butterfly, Backstroke, Breaststroke, Freestyle.
Emily McNamara, Butterfly, Backstroke, Breaststroke, Freestyle.
Hannah Dickinson, Backstroke, Breaststroke, Freestyle
Katelyn Gilbert, M-D Butterfly, Backstroke, Breaststroke, freestyle,

District Championships

Congrats to all swimmers who took home medals from the District Championships in Boort at the weekend. The weather was beautiful and made the day very pleasant for all. Two Bays swimmers were strong on the ground and in the water. So many medals!! Just a mention for first place winners:

Aidan Wilson, 1st Men's 200 m Free,
Trish Sambrooks, 1st Women's 200 m IM
Angus Verbeek, 1st Boys 50m Free,
Brad Williamson, 1st 50m Free
Melissa Sambrooks 1st Girls 50m Free
Aidan Wilson 1st Boys 100m Free
Trishia Sambrooks 1st Girls 100m Free
Vaughn Wilson 1st Boys 100m Free
Trishia Sambrooks 1st Girls 13-14 100m Free
Aidan Wilson 1st Boys 100m Free,
Ashlea Atkins 1st Women's 50m Free
Rose Bruton 1st Women's 35 & O 50m Free
Angus Verbeek 1st Boys 50m Breast
Emma Pay 1st Girls 8 50m Free
Brad Williamson 1st Boys 9-10 50m Free
Melissa Sambrooks 1st Girls 9-10 50m Breast
Trishia Sambrooks 1st Girls 100m Breast
Vaughn Wilson 1st Boys 13-14 100 Breast
Trishia Sambrooks 1st Girls 13-14 100 Breast
Georgie Hession 1st Girls 15-16 100 Breast
Ashlea Atkins 1st Women 17 & O 50m Breast
Rose Bruton 1st Women 35& O 50m Breast
Angus Verbeek 1st Boys 8 50m Breast
Georgia Bibby 1st Girls 8 50m Back
Brad Williamson 1st Boys 9-10 50m Back
Melissa Sambrooks 1st Girls 9-10 50m Backstroke
Aidan Wilson 1st Boys 100 Back
Tricia Sambrooks 1st Girls 100 Back
Vaughn Wilson 1st Boys 13-14 100 Back
Tricia Sambrooks 1st Girls 13-14 100 Back
Aidan Wilson 1st Boys 15-16 100 Back
Ashlea Atkins 1st Women 17 & O 50 Back
Rose Bruton 1st Women's 35 & O 50m Back
Patrick Hession 1st Boys 50m Butterfly
Brad Williamson 1st Boys 9-10 50 Fly
Georgia Gleeson 1st girls 9-10 50 Fly
Aidan Wilson 1st Boys 100 Fly
Vaughn Wilson 1st Boys 100 Fly
Aidan Wilson 1st Boys 15-16 100 Fly
Ashlea 1st Women's 17 & O 50 Fly

Two Bays Relay Teams also took first place in:

Mixed 8 yr Free Relay
Mixed 9-10 Free Relay
Mixed 200 Free Relay
Mixed 13-14 Free Relay
Mixed 15-16 Free Relay.

So many swimmers from our club also won 2nd and 3rd place,
Well done to all!!

Coaches Corner!

The end of the season is near, and most are looking forward to a change of pace and some time out!
It is always important to recharge the batteries, however maintaining an "Off Season" FITNESS IS VERY IMPORTANT.
Swimming demands a high level of cardiovascular fitness and so it is imperative to cross train over the winter months.
Cross training will give you a mental break from the pool.
The early season training will recommence in Late July.
Watch the school newsletters for notice.

Quote of the Month!

"It is because things are difficult that we do not dare;
It is because we do not dare that things are difficult"
__ Seneca

AGM Notice

The Club will hold it's AGM on Tuesday April 8th 2008. There will be a notice regarding same in the Guardian.
The committee is seeking new members to help run our small but very busy club. You do not need to have any concerns about lack of swimming knowledge, or committee skills, as you will be supported by the present members.
We are a small club in comparison to the local football clubs and other sporting organisations, and the high demand on a small committee takes its toll. However, our club has run successfully this season through the commitment of a few, with the running of several carnivals and social events. The Friday morning breakfast has also been a great success, but has grown so much that it has become a role in itself! We desperately need more helpers and committee members. Our children are the ones who will miss out if our club is unable to operate at the same level due to lack of support. The more members we have on the committee, then the fewer burdens for all!!

Ask yourself: Do my children enjoy being members of a Swim Squad?
Have I enjoyed being part of an active club this year?
Then ask yourself if you could spare one and a half hours a month for a meeting and perhaps a couple of hours every few weeks

Present **Office Bearers Positions**. (We hope to have a description of each role posted on the website in the next week or two)

1. **President** _____ **Mervyn Gilbert**
2. **Vice President** _____ **Rose Bruton**
3. **Secretary**/(Newsletter Editor/ Website Coordinator/Results recorder _____ **Paula Hession**
4. **Entries Secretary**_____ **Nola Bruton**
5. **Treasurer**_____ **Deanne Verbeek**

Present **Committee Member positions**.

6. Catering Officer / Breakfast Coordinator---**Kerry Gilbert**
7. Media Officer----- **Paula Hession**
8. Points Recorder ____ **Gabrielle Wilson**
9. Junior excellence Coordinator – **Trevor Wilson**
10. Fundraising Officer ____ Position not filled/ shared.
11. Entries Secretary_____ **Nola Bruton**
12. Club Year Book ____ **Paula Hession,Nola Bruton**
13. Grant Applications _____ **Kent Wooding**

AGM: Tuesday 8th April 2008^{7.30pm}
Venue: Swan Hill Club, Curlewis St.