



FEBRUARY/MARCH

ALL SCHOOLS CHAMPIONSHIPS Were held at the Swan Hill Pool on Friday, February 27th. Twenty three schools were represented with over one hundred and fifty swimmers on the night. A small band of helpers were kept busy all night ensuring that the night was a success. It was great to see many non squad members compete.

Results:

POINTS TROPHY: Mackillop College, Swan Hill: 235 points

HANDICAP TROPHY: Tooleybuc Central School: 150.76%

Several swimmers recorded new records: Kahlia Marsh, Angus Verbeek, Vaughn Wilson, Jake Shroeder, Trisha Sambrooks

Congrats to all Swimmers

It has been a busy few weeks in swimming with many Championship meets being conducted – State swims, Country Championships, All Junior and Proficiency Award Swims. Also many schools have run their swim sports days, where many of our Club swimmers have progressed to swim on to Bendigo and Melbourne.

Congratulations to all the swimmers on their performances at these Championships – most have set new PB's. Training programs are now starting to pay off and show that if you put the time and energy in, your results will improve.

Congratulations to Kahlia on her medals at Country Championships.

Also, congrats to Tricia for attaining her Gold Bar in Proficiencies. The Gold Bar is the highest award in the Proficiency Awards and requires the swimmer to have a lot of motivation and be very fit to be able to do the 6 swims – 100m of each of the four strokes, plus a 200m and 400m freestyle, all in very fast times.

Many of the other swimmers who tried out for the other Proficiency Awards also passed. We will await the results from Melbourne to see exactly who has done well. Whatever the results, all swimmers conducted themselves very responsibly and all tried so hard to attain the awards.

Good luck to the swimmers who have won their way to the next stage of their School swimming. Each stage gets harder and faster but remember, if you give it your all, you can only be happy with the result – you have done your best.

District Championships were held at the Swan Hill Pool on Saturday, March 7th. An enjoyable day and a nice way to complete district swimming for the current season

All Junior Finals are conducted at MSAC on Saturday, March 21st. Remember to arrive early, as parking is a big problem. Information including itinerary can be downloaded from the Swimming Victoria website under the

Events subheading.

End of Year Presentation Day will be held on Sunday, March 29th at the Lawn Tennis Clubrooms, Harrison Reserve. There will not be a sit down meal this year, it will be a later start with the club providing some food along with families supplying a plate

More detailed info will be available soon but please keep the day free, mark it in your diary.

As well as the presentation of trophies and certificates, the committee is organizing activities for the swimmers and families to enjoy. Bring along your tennis racquets, cricket bats etc for some team fun.

It should be a great social get-together before most families break for their winter sports.

Club Magazine:

If anyone has photo's of this season's swimming available for selection for the club magazine they can save them to a disk/USB and give them to Leanne

Leisure Centre Short Course Meet:

A proposed meet is being organised for Sunday 15th March at the Leisure Centre. It will consist of 25 metre races in various age groups with records to be established for the Leisure Centre. To commence at 2pm it is open to both registered and non registered swimmers (subject to Swimming Victoria approval). Stay tuned for updates. Information can also be obtained from Shirley Swan.