



News Bulletin Week of  
Monday 17<sup>th</sup> Dec 2007!

## Southern Mallee Championships

Thank You sincerely to everyone for a great Championships!

The Club demonstrated a great sense of Team spirit with **everyone** helping when needed. Even the timekeeping went off without the usual pre-racing begging! A great effort, and once again thanks from all the Committee Members for all your support.

Entries were down a little as per reports from other clubs around the State.

However the teams from Broken Hill and Mildura took the time to thank our club for a great weekend of racing, which I pass onto you, our club members.

From my perspective the swimmers all acquitted themselves well in the Marshalling Tent both our Home Team and Visitors. There was lots of interaction between the teams and even a little education on Gaelic when things were a bit quiet!!

Well done kids for being great sports!

I would also like to publicly thank our committee members who work very hard behind the scenes!

Thanks to **Nola** who puts together all the entries and supervises the compiling of results in the tent! This is a big job and one that Nola has done for many years. We really do appreciate your help with all of this Nola! Thanks also to **Deanne** who collects the entry fees and also assists with the compiling, busy, busy!

Thanks to **Danny, Merv, Kent, Trevor** for all the hard work in putting up shade structures, and for the many other jobs they did on the day. The BBQ was certainly a great success too, so Thanks Boy's!

Thanks to **Kerry** for her competent organisation of the afternoon tea and refreshments for timekeepers, and to **Rose** for general helping and "having a go" in the pool!

Lastly and not least, thanks to **Shirl** for all her commitment to our children. As always she was busy watching, encouraging, correcting and then organising Relay Teams!

### Proficiency Awards

Each year Swimming Victoria runs a Proficiency Award programme which recognises achievements in swimming. The swimmer must be able to swim all 4 strokes well to be able to gain a proficiency award. Proficiency award levels start at: Bronze and goes to Gold, with the highest award being the "Bar to Gold" award. If you are interested in your child entering into this award process, Please see Shirley!

Shirley will have the **entry forms** on the night of our Christmas party and she will also speak a little about the award process. Entries must be lodged before January 19<sup>th</sup>, so it would be great to have all of the entrants registered on the night of our Christmas BBQ. Information on the awards is contained within the District Booklet which families should have received early in the season.

### Christmas BBQ

Just a reminder that we will have our Christmas party, following **training at the outdoor pool, on Thursday 20<sup>th</sup> Dec**. Swim training will commence at 5.30pm (pool side limbering exercises at 5.15pm).

Training will finish at 6.45 pm and the swimmers will be able to use the water slide for 45 minutes while the BBQ is cooking!

Please bring a salad, club will provide meat and cordial.

**Remember, there is no training at the leisure centre pool on this night!!**

Following the BBQ we will take entries for proficiency awards and the swimmers will also elect the **Team Captains** and **Vice Captains** for the forth coming Country Championships.

### Entries for Carnivals in Jan, Feb, March!

Please don't forget to check your entries list for closing dates for carnivals after Christmas. Closing Dates are listed on the **website** and on the **Notice Board** at the pool.

## For Sale!

Please see **Merv** or **Danny** regarding the sale of the club tents. Since purchasing our new shade gazebos we are now selling the old tents previously used at carnivals for the compilers. Make a reasonable offer and see the boys!

## Report from Bar-rook meet!

On the 2<sup>nd</sup> of December 19 of our club swimmers competed at the district Carnival in Bar-rook.

Almost every swimmer placed in either first second or third position, and there were numerous PB's swum also.

Rose Bruton placed 1<sup>st</sup> in the Back, Free and Breast in the 35 and over age group. Kyra Bennett was 1<sup>st</sup> in the 11yr Back in a PB time. Yanzee Kinsey-Smith was first in the 13 yr fly. Sarah Maskell came first in the 15yr Back, and Emily Mc Namara was the winner of the 100m Breast in the girls' 14 yr age group.

Kelly Pay won the 13 year Breast Sprint and Melissa Sambrooks came first in the Freestyle, Breast, Back and Fly 9 year and U girls events.

Trishia Sambrooks won the 14 and U IM, the open 100 Free, the open 100 Back and the 15 and U Breast sprint!

Karl Wilkins won the boys 13 and U IM and the Back sprint!

And last but not least Josh Wooding won all 4 of his 33 m events (Free, Breast, Fly and back, with PB's in both his Breast and Fly!

(If I have missed out on anyone please be aware that I am prone to "senior moments" and it is nearly Christmas!!!Apologies in advance for any stuff ups!!

A very Happy, Holy and Safe Christmas to you all!  
Safe Travelling and see you all at Country Champs!!



Next Newsletter in Feb 2008 .Send in any photos or any interesting Holiday stories etc.  
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